



THE PEPPERCORN PRESS

WEEK 4B TERM 4

Respect, Honesty and Resilience

ARIAH PARK CENTRAL SCHOOL
1 Harrison Street Ariah Park NSW 2665
02 6974 1105 ariahpark-c.schools.nsw.gov.au

KEY DATES

NOV 18

**Whole School
Assembly 12pm
(Please note
change of date)**

DEC 15

Presentation Night



Principal's Report

Dear Parents, Caregivers and Community Members,

Thank you to all those who completed the parent survey on our school directions. Jill Edis was the winner of our voucher and can collect it from the front office. Congratulations Jill. Using this information, information from the staff and students it will help us to relook at our Strategic Improvement Plan for 2023-2026. I am very excited to discuss this further.



There have been some concerning social media incidents outside of school occurring. Please be mindful of your child's social media usage outside of school. We have a strict policy of no usage of phones unless for educational purposes. We are also looking at further procedures for next year. We are happy to support you as we can, but we can only control phone usage while at school.

I had a wonderful time last Thursday visiting our local Preschool to share my passion for reading. I read the beautiful book, Flood by Jackie French and conducted a short science experiment around clouds. I think it was very relevant to the current weather systems approaching! This is all part of our school success program for transition.

This week I will be attending the Australian Primary Principals Association Annual Conference in Sydney. This is an awesome opportunity for myself to be finding out innovative practices in high performing schools and bring ideas back to our school. Mrs Anderson and Ms Horne will be relieving for me while I am at the conference.

Some exciting news for 2023. We can confirm our teaching staffing for next year. Classes will be announced in Week 9 after staff and students are involved in Roll Up day on Wednesday Week 8.

Mrs Jasmine Fisher was successful in gaining a permanent teaching position at our school.

Miss Faith Evans will be continuing to join us as a temporary teacher for 2023 full time.

Principal's Report

Mrs April Frater will be continuing to join us as a temporary teacher 4 days per week.

Mrs Rebecca Green will also be continuing with us as a temporary teacher 3 days per week.

Ms Meg Reinhold will be joining our team in 2023 as a full time temporary teacher.

Mrs Melissa Jennings will be taking leave next year and we wish her all the best in her new endeavours for 2023.

It is very exciting to have our staffing confirmed so early. I will say that staffing can change and that is partly why I do not work out classes until closer to the end of the year.

Have a wonderful week.

Yours in Education,

Allan Johnston

Principal

Every student matters every day.

Every student can succeed.



School News

KINDERGARTEN 2023 TRANSITION DATES TERM 4

Half days 9-12pm

Wednesday 16th Nov (week 6)

Wednesday 23rd Nov (week 7)

Full days 9-3.20pm

Wednesday 30th Nov (week 8)

Wednesday 7th Dec (week 9)

Parent Information Session

Wednesday 7th Dec 2.30pm



Ariah Park Central School
Harrison Street, Ariah Park, NSW 2665
Telephone: 02 6974 1105
Email: ariahpark-c.school@det.nsw.edu.au

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HONESTY
RESILIENCE

School News



ARIAH PARK CENTRAL SCHOOL

TRANSITION TIMELINE:

FRIDAY FULL DAY TRANSITION

Every Friday in Term 4 we are offering the opportunity for Year 6 students to join our Year 6 class and meet the students and teachers at Ariah Park Central School. This is a great chance to learn about our school.

The dates for Friday Transition are:
14th, 21st and 28th October
4th, 11th, 18th, 25th November
2nd and 9th December
We look forward to seeing you!!!

WHOLE SCHOOL ROLL-UP

JOIN US ON THE 30TH NOV TO EXPERIENCE YOUR
2023 CLASS

YEAR 7 2023

TRANSITION PROGRAM



School News



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Principal: Allan Johnston

PO Box 56, Ariah Park NSW 2665 | P 0269741105 | F 0269741017 | E ariahpark-c.school@det.nsw.edu.au

Expressions of interest for School Learning Support Officer

Expressions of interest are being sought to fill positions of School Learning Support Officers and / or to be placed on an eligibility list to provide casual relief at Ariah Park Central School.

Position Information

School Learning Support Officers provides support for students with identified diverse learning needs including disability in classrooms and other learning environments under the direction and supervision of a teacher to support the achievement of educational outcomes. This support includes student welfare, health and wellbeing activities as required.

Position criteria:

1. Demonstrated ability to work effectively as part of a team.
2. Ability to work with students with emotional, physical and intellectual disabilities.
3. Awareness of the needs of students with emotional, physical and intellectual disabilities.
4. Effective communication skills.

Please email your expression of interest including a maximum of 2 pages addressing the criteria as well as a resume with two referees who can attest to your capabilities for the role to kate.pollard@det.nsw.edu.au by 3:30 Friday 11th November 2022. Please indicate the minimum and maximum days you are able to work.

Applicants will need to have a current Working with Children Check for employment or be prepared to apply for one through the NSW Office of the Children's Guardian.

For any further details or if you would like to be provided with the full statement of duties document please do not hesitate to contact kate.pollard@det.nsw.edu.au or phone 69741105

Kate Anderson
Assistant Principal & Panel Convenor
Ariah Park Central School

School News



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Principal: Allan Johnston

PO Box 56, Ariah Park NSW 2665 | P 0269741105 | F 0269741017 | E ariahpark-c.school@det.nsw.edu.au

Expressions of interest for School Administrative Officer

Expressions of interest are being sought from suitably qualified persons for the position of School Administrative Officer and/or to be placed on an eligibility list to provide casual relief at Ariah Park Central School.

Position Information

A School Administrative Officer provides administrative, financial and student welfare/wellbeing support and assistance in relation to office and classroom activities, including but not limited to the following school settings: the office, sick bay, library, science laboratory, and food technology/kitchen areas.

Position criteria:

1. Demonstrated capacity to work as part of a team.
2. Administration skills including a knowledge of computer software programs such as Microsoft Office 365.
3. Effective oral and written communication skills.
4. Ability to perform tasks in one or more of the following areas; office procedures, accounting procedures, sick bay, hospitality and / or design and technology; science.

Please email your expression of interest including a maximum of 2 pages addressing the criteria as well as a resume with two referees who can attest to your capabilities for the role to alicia.leiper2@det.nsw.edu.au by 3:30 pm Friday 11th November 2022. Please indicate the minimum and maximum days you are able to work.

Applicants will need to have a current Working with Children Check for employment or be prepared to apply for one through the NSW Office of the Children's Guardian.

For any further details or if you would like to be provided with the full statement of duties document please do not hesitate to contact alicia.leiper2@det.nsw.edu.au or phone 69741105

Alicia Leiper
School Administration Manager & Panel Convenor
Ariah Park Central School

Communicable Diseases Factsheet

Viral Gastroenteritis

Gastroenteritis is commonly caused by viral infections resulting in vomiting and diarrhoea. The viruses are easily spread from person to person. Thorough washing of hands with soap and running water are vital to prevent spread.

Publication date: 27 July 2018

What is viral gastroenteritis?

Viral gastroenteritis is a common infection of the stomach and intestines that results in vomiting and diarrhoea. It can be caused by a number of different viruses, such as rotavirus and norovirus (previously known as Norwalk-like virus). There are many other causes of gastroenteritis including bacteria, toxins, parasites, and some non-infectious diseases.

What are the symptoms?

The main symptoms of viral gastroenteritis are vomiting and watery diarrhoea. Other symptoms may include nausea, fever, abdominal pain, headache, and muscle aches. Dehydration can follow. Symptoms can take between one and three days to develop and usually last between one and two days, sometimes longer.

How is it spread?

Viral gastroenteritis is highly infectious and is spread by the vomit or faeces of an infected person through:

- person-to-person contact, for example shaking hands with someone who has been sick and has the virus on their hands
- contaminated objects
- contaminated food or drink

Infection may also be spread through aerosolised particles when people vomit.

In most cases, spread occurs from a person who has symptoms. Some people can pass on the infection without symptoms, particularly in the first 48 hours after recovery.

Who is at risk?

Viral gastroenteritis can affect people of all ages.

How is it prevented?

After using the toilet, changing nappies, and before eating or preparing food, wash your hands thoroughly with soap and running water for at least 10 seconds and dry them with a clean towel.

How is it diagnosed?

A diagnosis of viral gastroenteritis is usually based on the person's symptoms. Laboratory confirmation is important during outbreaks, and involves testing samples of stool (faeces).

How is it treated?

There is no specific treatment for viral gastroenteritis except rest and drinking plenty of fluids. Most people will recover without complications. However, viral gastroenteritis can be serious for infants, people with suppressed immune systems and the elderly. People with vomiting or diarrhoea should:

- rest at home and not attend work while sick. Infants and children attending childcare or school should be excluded from attending for 48 hours after the resolution of symptoms
- not prepare food for others or care for patients, children, or the elderly. These precautions should continue until 48 hours after diarrhoea or vomiting ceases. This includes people who prepare food in the home or working in the food industry.

School News

- wash hands thoroughly with soap and running water for 10 seconds after using the toilet
- drink plenty of clear fluids, for example juice or soft drink diluted 1 part to 4 parts water, to prevent dehydration. Avoid undiluted fruit juice and soft drinks as they may increase dehydration and diarrhoea. Rehydration drinks that replace fluids and salts are available from chemists. Intravenous fluids may be needed in severe cases of dehydration.

People caring for those with gastroenteritis should wash hands thoroughly with soap and running water after any contact with the sick person. Cleaning soiled surfaces and clothing reduces further spread of the virus.

When cleaning up vomit or faeces:

- wear gloves
- wash hands with soap and running water for 10 seconds after gloves are removed and disposed
- use disposable paper towels or rags to remove any solid material and seal them in a plastic bag before placing in the rubbish bin
- clean any soiled object or surface with hot water and detergent and allow to dry thoroughly
- some people also recommend wearing a mask.

What is the public health response?

Outbreaks of viral gastroenteritis increase in winter and are common within families and group settings including nursing homes, hospitals, childcare centres, and schools. Doctors and hospitals are required to notify their local public health unit whenever there are at least two cases of gastroenteritis that are linked.

Public health units are able to:

- advise on how to identify an outbreak
- advise on how to control the outbreak
- help investigate outbreaks to determine the source and mode of transmission
- advise on the exclusion of people with viral gastroenteritis from work, school or other public gatherings.

For more information

- Norovirus Factsheet <http://www.health.nsw.gov.au/Infectious/factsheets/Pages/norovirus.aspx>
- Controlling outbreaks <http://www.health.nsw.gov.au/Infectious/factsheets/Pages/gastroenteritis-outbreaks.aspx>
- Guidelines for the public health management of gastroenteritis outbreaks due to norovirus <http://www.health.gov.au/internet/main/publishing.nsf/content/cda-cdna-norovirus.htm>
- How to look after children with gastroenteritis <https://www.schn.health.nsw.gov.au/factsheets/gastroenteritis>
- Hospital Gastro Pack <http://www.health.nsw.gov.au/Infectious/gastroenteritis/Documents/hospital-gastro-pack.pdf>
- Gastro Info Kit for Aged Care Facilities <http://www.health.nsw.gov.au/Infectious/gastroenteritis/Pages/gastro-agedcare-facilities.aspx>
- Petting Zoos and Personal Hygiene <http://www.health.nsw.gov.au/Infectious/factsheets/Pages/petting-zoos-and-personal-hygiene.aspx>

For further information please call your local public health unit on **1300 066 055** or visit the New South Wales Health website www.health.nsw.gov.au

School News

ARIAH PARK CENTRAL SCHOOL

LOOKING FOR POTENTIAL EMPLOYERS

Calling ALL Professions - WE NEED YOUR HELP!

We are looking for any businesses that would be interested in providing hands-on real-life work experience for 1 week to students in Year 9/10 between 5th - 8th December 2022

This is a fantastic opportunity for students to engage with potential careers before leaving school and also for businesses that may be looking for potential employees in the future.

If this is something you think would suit you and your business, please contact Melissa Saffy at the school for more details.



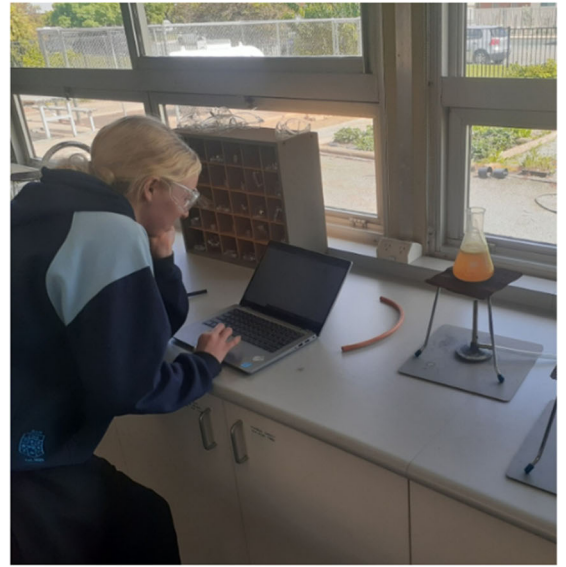
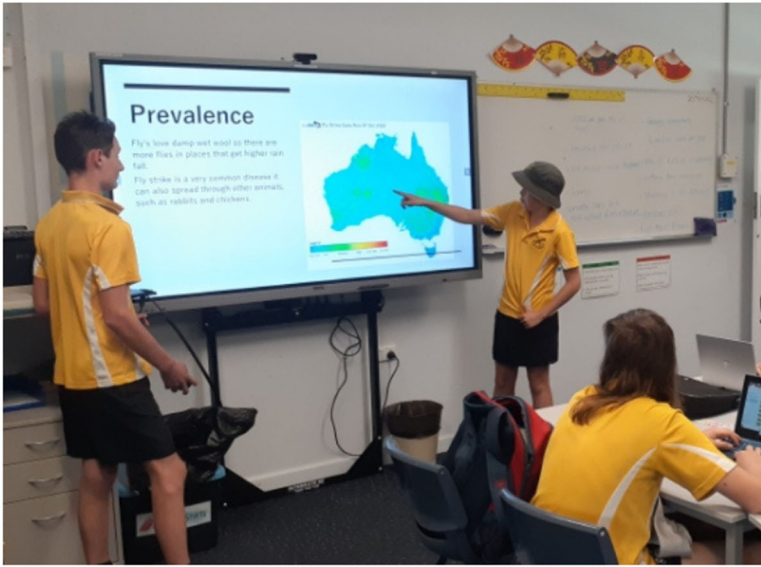
CONTACT US



02 69741105



ariahpark-c.school@det.nsw.edu.au



School News

Primary News

Welcome to Week 4.

On Wednesday the Infants Dance Group and Year 3/4 Dance Group travelled to Temora to perform their dances at the Temora Family Expo. The students had an awesome time performing and also loved getting their face painted, jumping on the jumping castle, hoola hooping and visiting the animals at the petting zoo. We hope to participate in the event again next year.

Kindergarten, Year 1 and Year 2 had a wonderful afternoon on Friday out in the sun participating and working together in sport.

Year 3/4 have been focusing on addition and subtraction during Mathematics as well as focusing on learning a new song with the recorder.

Year 5 completed the Check in Assessment this week for reading and numeracy. As Miss Evans and myself sat down at the end of the week it was great to view our students progress and new concepts they have learnt during the year and to identify new focus areas for learning.

Year 6 have been focusing on identifying 'Support People in their Network' during child protection lessons as well as beginning the topic 'Graphs and Data' in Maths.

Mrs Anderson



School News

Primary News

Year 6 Graduation

The Year 6 Graduation will be held at the Town Hall on Thursday 17 November 2022 at 6:30pm. Dress code is smart casual. Dinner will be provided. Parents are welcome to attend (no siblings). If you would like grandparents to attend etc please don't hesitate to call and ask.

An invitation will be sent home with students shortly. If you would like to attend, please ensure you complete the return slip on the invitation by Friday 11 November for catering purposes.

Mrs Anderson

K - 2 Altina Wildlife Park Excursion

When: Wednesday 14 December 2022

Cost: \$25.00

Time: Bus leaving school at 7.30am and returning at 3.00pm

Wear: School uniform (yellow everyday shirt)

Bring: Packed recess and lunch, water bottle, sunscreen, hat

Payment and permission note due in by Friday 25 November.

Mrs Jennings



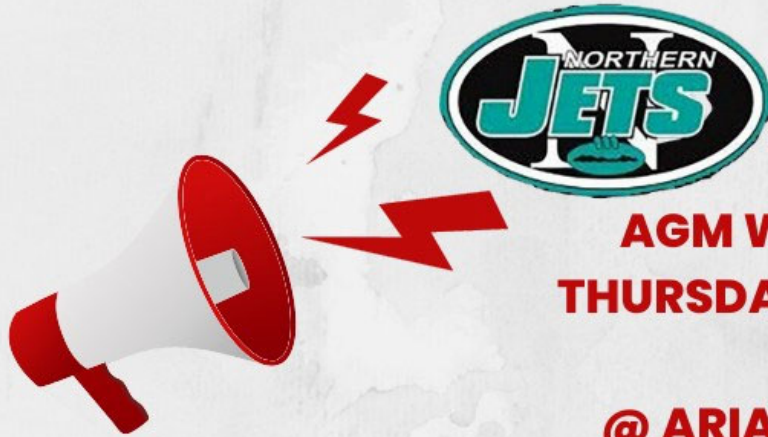




Community News

Northern Jets Football & Netball Club—CRISIS MEETING

as a result of positions left vacant at our AGM on Thursday 20th October



**AGM WILL BE RECONVENED
THURSDAY 3RD NOVEMBER 2022
7PM**

@ ARIAH PARK CLUBROOMS

OUR CLUB IS IN A GOOD FINANCIAL POSITION WITH A SOLID, LOCAL BASED PLAYING GROUP AND YET WE STRUGGLE TO FILL EXECUTIVE POSITIONS. THE CLUB IS CURRENTLY IN A DIRE PREDICAMENT WITH REGARD TO OUR VOLUNTEER BASE. WE ARE FACING THE CLUB FOLDING DUE TO A LACK OF INTEREST FROM CLUB MEMBERS.

CURRENT POSITIONS VACANT ARE PRESIDENT, SECRETARY AND VICE-PRESIDENT. THE SECRETARY POSITION MAY BE A REMUNERATED POSITION

**EXPRESSIONS OF INTEREST TO HELEN BRAY OR TO THE JETS
EMAIL BY THE 1ST OF NOVEMBER 2022.**

 **HELEN BRAY
0409 533 988**

 **EMAIL
aapmfc@gmail.com**

Community News



Ariah Park Swimming Club

PO Box 20, ARIAH PARK NSW 2665

Update – No.1

31st October 2022

Welcome to the 2022-2023 Swim Club Season:

The following are the elected Committee Members for the 2022 - 2023 season:

- | | |
|--------------------|------------------|
| → President | Kristen Davey |
| → Vice President | Caroline O'Brien |
| → Secretary | Amie Fairman |
| → Treasurer | Polly McDougall |
| → Race Recorders | Toni McCormack |
| → Race Secretary | Debbie Worland |
| → Catering Officer | Alicia Leiper |

Thank you to those people who have taken on committee jobs for this coming season, your support in keeping the club swimming along is appreciated.

Important diary dates:

DATE	EVENT
Monday 7 th November	Pool opens
Monday 7 th & Tuesday 8 th Nov	Training commences
Thursday 10 th November	1 st club night for the season
Saturday 18 th February 2023	Local Club carnival

Information about swim club registrations for this season:

Registrations & Payment:

- ✓ We welcome any **NEW** families interested in joining **Swim Club** this season. Please contact Kristen Davey or Polly McDougall ASAP if you are interested in joining so we can help you with your registration.
- ✓ All families must have an adult registered. The adult can register as a non-swimmer.
- ✓ **Memberships for the 2022/23 season are as follows;**

1. Non-Swimmer \$30

Community News

This membership is for parents or non-swimmers, coaches, committee members and officials.

2. Training Swimmer \$90 (includes up to 4 race nights)

This membership allows swimmers to train at Ariaiah Park Swim Club and compete at a maximum of four Thursday race nights.

3. AP Swim Club Swimmer \$110

This membership allows swimmers to train and compete at Ariaiah Park Swim Club level. This includes training, our regular Thursday race nights, and the Ariaiah Park Swim Club's carnival on 18th February 2023.

4. AP Swim Club + External Carnivals Swimmer \$130

This membership is for swimmers who want to compete at Ariaiah Park AND other club-run carnivals. This allows swimmers to compete at external competitive carnivals, as well as train and compete at Ariaiah Park race nights and the Ariaiah Park Swim Club's carnival on 18 February 2023.

NB: All swimming memberships include \$10 for coach presents and presentation night.

A Message from our coaches

PLEASE, PLEASE bring your flippers every week. Not having flippers disrupts the training of all our children. If you have flippers your child has out grown, please bring them to training & we can have a trade/sale table.

Can all children please also be on time, if you are running late or not able to train, please message one of our coaches so that they know who is coming or not & are not waiting for you!

Community News



Ariah Park Swimming Club

PO Box 20, ARIAH PARK NSW 2665

**Please join our Facebook page,
ARIAH PARK SWIMMING CLUB**

**& keep an eye on your emails & text messages for any
changes or up dates to the weeks program!**


Feel free to contact us if you have any queries:

 Polly McDougall (Treasurer)

Mb: 0404 833 179

 Kristen Davey (President)

Mb: 0428 783 846

 Amie Fairman (Secretary)

Mb: 0457 258 602



Find us on
Facebook



Like

Here's to a great Swim Club season.

See you at the pool!!

Calendar

	Oct 31	Nov 1	Nov 2	Nov 3	Nov 4
Week 3A				Years 9-11 Drama Excursion Temora	Canteen
Week 4B	Nov 7	Nov 8	Nov 9	Nov 10	Nov 11
	HSC Exams Conclude Rotary Year 10 Mock Interviews				Canteen

Upcoming Calendar Events: Whole School Assembly - 18 November *Date Change*
Presentation Night - 15 December

Canteen Roster

Friday 4 November: Robyn Buerckner & Kristen Davey

Friday 11 November: Caroline O'Brien & Erin Bell

ARIAH PARK CENTRAL SCHOOL

1 Harrison Street Arian Park NSW 2665

PO Box 56 Arian Park NSW 2665

Principal's Email: allan.johnston@det.nsw.edu.au

Website: <https://ariahpark-c.schools.nsw.gov.au>

Principal: Allan Johnston

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