

Stage 5 Child Studies

THE PEPPERCORN PRESS WEEK 5B TERM 4

Respect, Honesty and Resilience

ARIAH PARK CENTRAL SCHOOL 1 Harrison Street Ariah Park NSW 2665 02 6974 1105 ariahpark-c.schools.nsw.gov.au



25 NOV School Captain Speeches

26 NOV Primary Excursion

26-27 NOV

Secondary Excursion

Principal's Report

Welcome to Week 5 and NAIDOC Week! This week the school will have a busy Wednesday with NAIDOC Week activities and a Remembrance Day Assembly. On Friday I spoke about the theme for NAIDOC Week being "Always Was, Always Will Be", which recognises that First Nations people have occupied and cared for this continent for over 65,000 years. Aboriginal people are spiritually and culturally connected to this country.



This theme also acknowledges that Aboriginal and Torres Strait Islander people were Australia's first explorers, first navigators, first engineers, first farmers, first botanists, first scientists, first diplomats, first astronomers and first artists. Australia has the world's oldest oral stories. The First Peoples engraved the world's first maps, made the earliest paintings of ceremony and invented unique technologies. Linton Howarth from the West Wyalong Local Aboriginal Land Council will open our Yarning Circle on Wednesday morning and then spend the day conducting workshops with students about bush tucker, art, tools and Aboriginal culture.

Congratulations to Sophie and Riley for achieving Student of the Month last Friday and all the students who received awards. There were a lot of them.

The HSC exams for our students will be completed on Tuesday this week. Our Year 12 students should be very pleased with their efforts and deserve their well earned break from study. I'm looking forward to catching up with them on Friday at the RAP Graduation afternoon.

All the best to those who have started harvest. The crops look great from the road and it's pleasing that farmers are being rewarded for all their hard work and resilience with abundant crops this year.

Victoria Jenkins Relieving Principal 9 November 2020



Parent Feedback – 2018-2020 School Plan

Over the next week parents will be contacted by phone to gather some parental feedback on areas of our current school plan. Parents will be asked the following three questions. If you don't wish to participate just let the staff member know at the beginning of the call. Alternatively, use the following link to a online survey form.

Universal Leadership

How do you think the school has engaged or encouraged your child in leadership opportunities?

The Best Teachers

What are some of the positive ways the school and the teachers have interacted with parents and the community over the past three years?

Excellence in Learning

In what ways do you engage in your child's learning in reading and numeracy at home?

Online Survey:

https://forms.office.com/Pages/ResponsePage.aspx? id=muagBYpBwUecJZOHJhv5kRUFLCr4RYZApL5JxqiqgcdUNINCQkVFRIUx SVVRNU5ENkM0RTE0UIAxVy4u

Whole School Assembly

Student of the Month

Congratulations to Riley Foster and Sophie Maxwell who were both presented with a Student of the Month award at last Friday's Zoom hosted Whole School Assembly.

Riley's certificate cited:

- Achieving high academic results in Literacy and Mathematics
- Contributing great ideas and having a positive attitude to learning
- Displaying leadership in the Infant's classrooms by leading activities and encouraging learning
- Being an active and willing SRC member
- Being respectful and kind



Sophie's certificate cited:

- Completing all Visual Art and LOTE tasks with care and dedication
- Attempting all work with diligence in English and Mandatory Technology
- Participating in all sport with great displays of enthusiasm and sportsmanship
- Being prepared to give anything a go
- Being a hardworking student



Staff Awards

Congratulations to Hamish Cochrane, Matthew Manning and Kindra Byquar who were presented with Staff Awards.



SRC Awards

Congratulations to Maceon Geers, Ella Lord, Logan Bell, Archie Brill, Amie Moore, Dallas Haddrill, Marley McCaffery, Charlotte Penfold, Isabel Fairman, Joe Furphy, Charlie Heath, Chloe Eccles, Isobel Herden, Bronte Ingram, Nashelle Rogers, Jennifer Webb, Jaydeep Sandhu, Kacey Manning, William Fairman, James O'Hare, Mychaela Hackett and Hayley Writer who were presented with SRC Awards.



Principal's Awards

Well done to Abbee Eccles, Lulu Frater, Ivy Leiper, Elizabeth O'Hare, Gus Chalmers, Thomas Chalmers, Henry Cox, Duncan Edis, Abraham Fairman, Chase Kenworthy, Archer Meehan, James Tidd, Lucy Buerckner, Anna Chalmers, Ruby Cochrane, Poppi Frater, Eliza O'Shea, Jasmine Penfold, Eva Wolski, Joshua Davies, Matilda McCormack, Archie Foster, Amelia Haddrill, Jacob Harper, Jacob Penfold, Charlotte Bell, Sophie Maxwell, Kate O'Dwyer and Charlotte Brill who were presented with Principal Awards.



PBL

In PBL this week we are focussing on "Kindness".

Wellbeing Sessions

Yoga sessions will be taking place during sport for the next few weeks for all our students at Ariah Park Central School. We are lucky to have Mickayla Sams from Balance Yoga and Wellness West Wyalong to run these sessions. If you do not wish for your child to participate in these sessions please contact the Front Office.

Kristy James

Whole School Orientation

On Wednesday in Week 7 (25 November 2020) all students at APCS will "roll up" into 2021 classes for the day. This is going to be a part of our orientation and transition programs, specifically for Kindergarten, Year 7 and Year 11. This will be a brilliant opportunity for all students to get a "feel" for their class in 2021. After lunch on this day we will have our Year 5 into 6 and Year 11 into 12 students present their speeches for School Captain in 2021. Students will be asked to limit their speeches to three minutes. We look forward to being able to have the whole school hear the captain speeches. Students are asked to start thinking about whether they would like to be school captain next year. Mrs Anderson and Miss Horne will call for nominations from students in the coming weeks.

ARE YOUR CHILDREN THE PUSCING BOUNDARIES?

It's like they are wired to see how much they can get away with!

TOO MANY RULES CAN BE CONFUSING. HERE'S WHAT YOU CAN DO:

- Remain calm when setting limits
- Involve children in setting basic rules
- Distinguish and explain the difference between adult and childrens decisions
- Limits need to be clear and consistent
- Use statements like "Stay in the yard. There are lots of cars on the street and I don't want you to get hurt" instead of "don't go outside the gate."
- Follow through with clear consequences

Children need to know what is expected of them. It gives them a sense of safety, stability and better outcomes throughout their lives.

FOR MORE INFORMATION CONTACT YOUR SCHOOLS GOT IT! CLINICIAN



Everyday Maths Hub

- is an engaging and dynamic online platform for parents and carers of children in Kindergarten through to Year 10
- aims to support and encourage family conversations about the relevance and usefulness of mathematics in everyday life is part of the <u>NSW Mathematics Strategy</u> to achieve the Premier's vision, for all NSW students to develop the mathematical skills they need to succeed in life'
- was designed in consultation with our teachers, parents and carers
- can support parents and carers in empowering their children to think critically and creatively, find and solve problems, and notice and wonder about the mathematics in the world around them
- helps parents and carers connect with their children through mathematics.



Healthy Living

In Term 4 2020 schools are partnering with Murrumbidgee Local Health District to share a range of Healthy Living Snippets. This week focuses on healthy living and behaviour and learning.

Healthy eating and activity positively impact behaviour and learning. Eat well, play well and let your child grow.

The MLHD Health Promotion Service would love to get your feedback on these snippets. Please let them know here: <u>www.surveymonkey.com/r/</u><u>MLHD-SNIP-SPC</u>



Secondary News

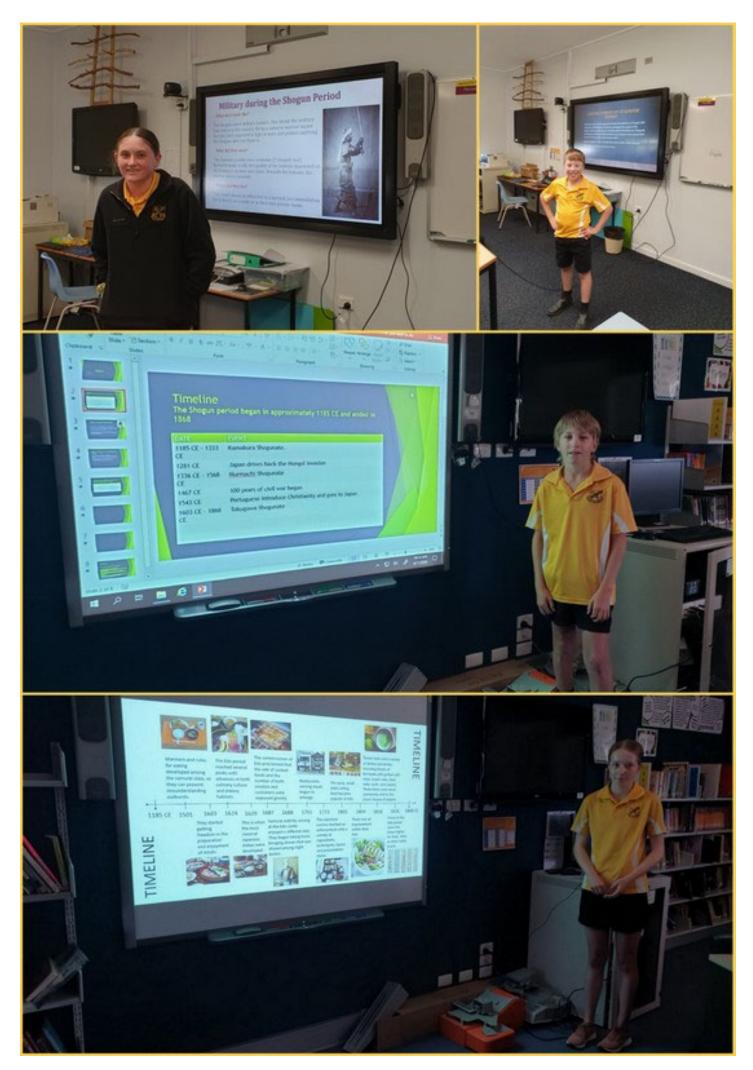
Stage 4 History

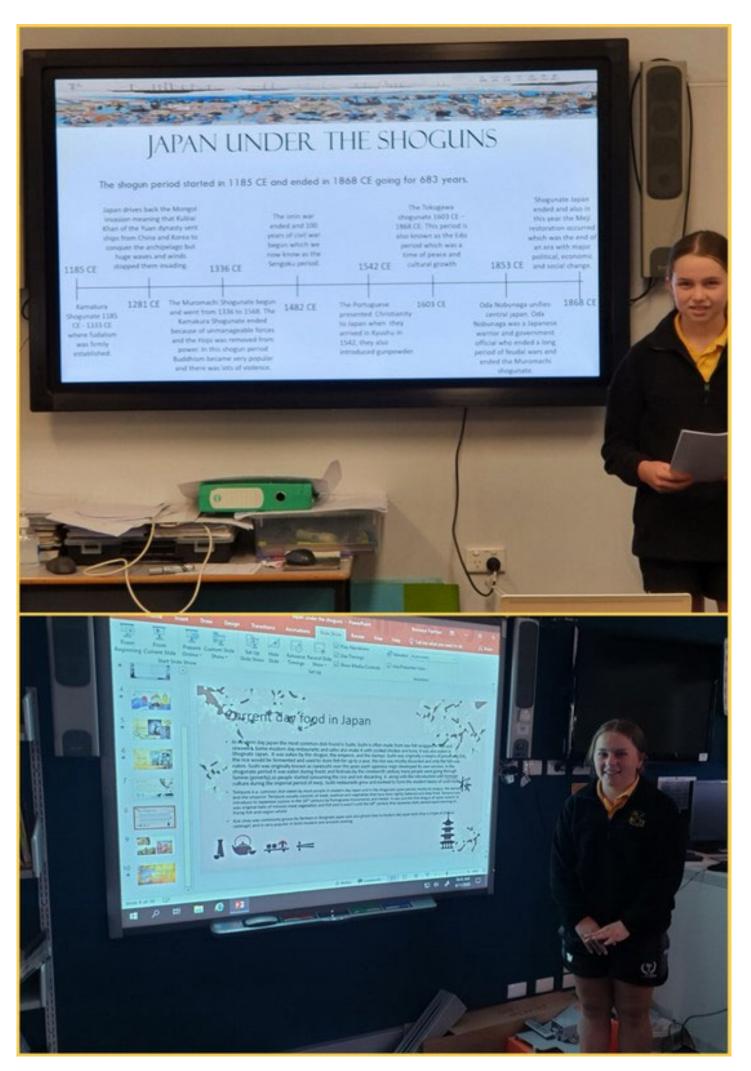
In Stage 4 History, the students are currently presenting their research assignments on Shogun Japan. I have been very impressed by the amount of detail and the quality of the research the students are sharing. Stay tuned for more photos in the coming weeks. (See photos on pages 12 & 13).

Mrs Fairman

Stage 4 PDHPE

This term Stage 4 have been exploring the concept of risk. We have defined risk, considered who takes risks and why we take risks! We have also been looking at the ways we can evaluate risky situations, determine the degree of harm and make safe and responsible decisions in order to protect our health and that of others. We also did a case study investigation into the way risks can be positive, by studying the story of Australian Triathlete and Iron Man Chris McCormack. In the practical setting we have been using Cricket as a way of assessing our own skill and that of others. This has allowed us to break down complex skills and look at the small, yet significant, ways we can improve to enhance our performance!





Stage 5 PDHPE

This term Stage 5 have been studying positive relationships and the qualities and non-negotiable ground rules of relationships. This has allowed for some good class discussion and made us really consider what it is we value in ourselves and one another. In the practical setting, we have been doing some self and peer assessment of specific skills. This has created great opportunity for team work, decision making and short term goal setting. We will be completing the final aspect of this assessment this week.

Miss Horne

Stage 5 Child Studies

This term students in Child Studies have been studying the topic of Health and Child Safety. We have been busy identifying the symptoms, treatment and preventative strategies of common childhood illness. We have also been exploring safe practices and strategies which promote child safety in potentially hazardous situations. Last week we focused on some of the major causes of childhood accidents and injuries and learnt how to respond with the appropriate first aid. This has been a very interesting topic but has really highlighted just how easy it for accidents to happen, making us even more aware of our surroundings. (See cover photo).

Secondary Excursion

On Thursday 26 and Friday 27 November, secondary students will have the opportunity to attend our Secondary Excursion. This year, students will have the option of attending one or both days. On the first day students will be travelling to Wagga Wagga and will participate in a variety of activities such as Laser Tag, Filp Out Trampolining and Bidgee Strawberries and Cream. Once they return students can either go home on the bus, or they can continue onto the next stage of the excursion, which will involve camping overnight at Lake Arbortree.

Notes went home with students last week. Can you please ensure that the notes are returned by this Friday 13 November for catering purposes? Any notes returned after this date will not be accepted.

Miss Saffy

The one that got away!!!

Every good fishing story tells of the monster fish that got away! Last week while the Middle School fishing group were at railway dam, Georgia Pursehouse experienced this! Georgia was the first and only student to catch a fish and get it close to the bank! Luckily for Georgia she had lots of moral support and witnesses to back up her story!

In response to the popularity of fishing in Middle School on Wednesday we decided to send a group of students fishing on Friday during sport time. The extended time frame meant we were able to see more fish! Ella Watts, Kacey Manning and Charlie Heath were all lucky enough to land a fish on Friday! All students displayed great patience and enthusiasm while fishing and we were pleased to see the students enjoying some different activities.



Primary News

Year 6 Graduation

The Year 6 Graduation will be held on 9 December in the Town Hall. We look forward to celebrating with the Year 6 students as they graduate primary school. More details will follow.

Mrs Anderson and Mrs Frater

3-6 Primary Excursion

The Primary Excursion for Year 3-6 will take place on Thursday 26 November. The excursion is a combination of a Rewards Day and an educational experience. Students will travel to Wagga Wagga and go to Flip Out, Lazer Tag and Bowling. Students will have lunch at the Botanical Gardens and finish the day off with a guided tour of the Fire Station Museum and visit the Up-To-Date Store to view the old machinery in Coolamon. With lots of events being cancelled this year due to COVID-19, it's really nice to finish the year of with an excursion. A permission note will be sent home in the next few weeks.

Mrs Anderson, Mrs Frater and Miss Pearsall

Year 3

Year 3 have been working really hard this term.

They have been learning all about poetry and the different techniques authors use when writing poetry including the use of sound, word play and imagery.

They have also been also been creating some excellent paper mache bowls with Miss Gash in Art and are now at the stage of painting the bowls.

Mrs Anderson





P&C News

A P&C meeting will be held tomorrow night at the Ariah Park Football Club rooms. For those of you that can't make it into the meeting but would still like to attend, here is the zoom details:

Topic: P&C November Meeting

Time: Nov 10, 2020 08:00 PM

Join Zoom Meeting https://nsweducation.zoom.us/j/69617900309? pwd=VHAya3htTXY1NW43emNGYUVtOXNiZz09

Meeting ID: 696 1790 0309 Passcode: 016018

CANTEEN ROSTER

Friday 13 November: NO CANTEEN

Monday 16 November: Gayl Wilson & Chloe Watkin

Community News



Ariah Park Swimming Club

PO Box 20, ARIAH PARK NSW 2665

Update – No.1

9th November 2020

Welcome to the 2020-2021 Swim Club Season:

The following are the elected Committee Members for the 2020 - 2021 season:

- → President Kristen Davey
- → Vice President Alice French
- → Secretary Amie Fairman
- → Treasurer Amanda Donoghue
- → Race Recorders Debbie Worland and Toni McCormack
- → Race Secretary Debbie Worland
- → Catering Officer Suse Furphy, Kylie O'Shea and Erin O'Hare

Thank you to those people who have taken on committee jobs for this coming season, your support in keeping the club swimming along is appreciated.

Important diary dates:

DATE	EVENT		
Monday 16 th November	Pool opens		
Monday 16 th & Tuesday 17 th Nov Training commences			
Thursday 19 th November	1 st club night for the season		
Saturday 12 th December	Local Club carnival		

Information about swim club registrations for this season:

Fees for 2020/2021 season are:

- All families must have an adult registered. The adult can register as a non-swimmer.
- Registration fees have left at \$100.00 for swimmers. There are no dolphins anymore.

Swimmer	
Swimming NSW fee	\$74.00
AP Swim Club fee	\$21.00
\$5 end of season coaches gifts	\$ 5.00
TOTAL	\$100.00

Non Swimmer	
Swimming NSW fee	\$22.50
AP Swim Club fee	\$ 2.50
TOTAL	\$25.00

Community News

Registrations & Payment:

- We welcome any NEW families interested in joining Swim Club this season. Please contact Amanda Donoghue ASAP if you are interested in joining so we can help you with your registration.
- Previous members will receive an email this coming week from Amanda Donoghue with a link to complete your online registration. If you have had <u>any changes</u> in contact details please contact Amanda.
- Ariah Park Swim Club is registered for using your Active Kids Voucher.

All registrations will need to be paid by the start of the season on the 16th November.

COVID-19

- Please remember that due to Covid-19, Ariah Park Swim Club require all participants and their carers to please remain at home if you have any flu like symptoms or you have recently travelled to a known Covid-19 hotspot.
- Please also remember the 1.5m distancing rule.
- Please follow any directions made by the swimming pool staff in regards to their Covid-19 rules.
- Also please be aware that the shower cubicles will be OFF LIMITS whilst at the pool, as advised by the swimming pool staff.
- An email will be sent with further information regarding a change to our race night marshalling system and further Covid-19 information.



Ariah Park Swimming Club

PO Box 20, ARIAH PARK NSW 2665

Feel free to contact us if you have any queries:

Existen Davey (President)
Amie Fairman (Secretary)
Amanda Donogue (Treasurer)

Mb: 0428 783 846 Mb: 0457 258 602 Mb: 0418 815 626

Calendar

	Nov 9	Nov 10	Nov 11	Nov 12	Nov 13
	HSC Chemistry	P&C Meeting 8pm		School Counsellor visit	No Canteen
Week 5B		HSC Food Technology			
		P&C Meeting 8pm			
	Nov 16	Nov 17	Nov 18	Nov 19	Nov 20
Week 6A		Study Day BCS (Year 10 & 11)	SRC Meeting		

Secondary Assessment Schedule

Due this week:

Stage 4: English, Science, Technology, Agriculture, Music

Stage 5: English, Science, HSIE, Agriculture, Automotive, Work Ed, ITM and Visual Design.

ARIAH PARK CENTRAL SCHOOL

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