



# THE PEPPERCORN PRESS

## WEEK 5B TERM 4

*Respect, Honesty and Resilience*

**ARIAH PARK CENTRAL SCHOOL**  
**1 Harrison Street Ariah Park NSW 2665**  
**02 6974 1105 [ariahpark-c.schools.nsw.gov.au](http://ariahpark-c.schools.nsw.gov.au)**

### KEY DATES

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**12 NOV**  
**P&C Meeting**

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**15 NOV**  
**Whole School  
Assembly**

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**16 DEC**  
**Presentation Night**



## Principal's Report

Last Friday I attended the Victor Chang Awards with Stephanie Derrick and Jack McCormack. They were awarded the Victor Chang Excellence in Science Award along with twenty-two other students from across the region. Well done to these students as it is a great achievement to receive this award.



It was a privilege to listen to our 2020 school captain nomination speeches last week. I was impressed by everyone who presented and it will be no easy task to select only two each from primary and secondary. All nominees should be congratulated for their willingness to step forward as a leader and they all showed extreme courage and passion for the position. The captains will be announced at our Whole School Assembly this Friday.

The P&C will meet again this Tuesday in the school library. I will be providing information about changes for next year including our new initiatives and class structures. All are welcome and the meeting commences at 8pm.

This week our staff will be participating in training on Managing Actual or Potential Aggression. This training will run over two afternoons as part of our end of year training Staff Development Days.

Today we will join the Remembrance Day Service with our community at the local cenotaph. We are looking forward to remembering our soldiers and excited to see the Light Horse presentation.

***Justin Dunn***

***Principal***

***11th November 2019***

## Canteen Roster

**Friday 15th November: Lucy Prentice, Amie Fairman**

**Monday 18th November: Tracey Chalmers, Julianne Penfold**

# School News

## **Whole School Assembly**

This Friday we will hold our first Whole School Assembly for Term 4. Our 2020 School Captains will be announced and Year 1 and Year 2 will be performing. We look forward to welcoming you there at 9.53am.

*APCS Executive*

## **Remembrance Day**

Today, all students attended the community Remembrance Day service. Our current primary school captains Sophie Dart and Josie Heath laid our school wreath to pay their respects to the men and women who have fought in conflicts. Secondary students, Stephanie Derrick, Kindra Byquar, Jack McCormack and Sullivan Walker read the poems "For the Fallen" and "The Soldier". After the service a new Memorial was unveiled to honour those men that did not return from the War. I would like to thank Ken Arnold, Bill Speirs and Nigel Judd for organising the service (see collage).

*Mrs Tidd*

## **School captain speeches**

Last Thursday, all primary and secondary students who nominated to be school captain presented their speeches. All students spoke extremely well and should be proud of themselves. It takes a lot of confidence to get up and speak in front of the entire school. All students demonstrated leadership and represented our school with pride. Students who were successful in being selected as captains will be recognised at our Week 5 assembly this week (period 2). The formal presentation of our primary and secondary captains will be done on Monday Week 10 at our Annual Presentation Night.

*Mrs Tidd*

## **P&C Meeting**

**Tomrorrow night: Tuesday 12th November, 8pm in the School Library.**



# Remembrance Day



# School News

**Please be aware** that we have a student allergic to **PEANUTS** and a student who is allergic to **HAZELNUTS**. Please do not bring nuts or nut products to school as exposure to these can cause an anaphylactic reaction for these students.

## **What is anaphylaxis**

Anaphylaxis is a potentially life threatening condition and must always be treated as a medical emergency. It is a severe and sudden allergic reaction which occurs when a person is exposed to an allergen (such as a food product or an insect bite). Reactions usually begin within minutes of exposure and can progress rapidly over a period of up to two hours or more.

Common allergens for anaphylaxis include but are not limited to:

- Food – e.g. peanuts, eggs, milk, tree nuts (such as hazelnuts or cashews), soy, wheat, fish, shellfish and sesame
- Insect bites (e.g. bees, wasps, jumper ants)
- Medications (e.g. pain killers and antibiotics)
- Latex (e.g. rubber gloves, balloons, swimming caps)

**The school encourages parents and children not to bring known food allergens to school in particular nuts or nut products e.g. Nutella, Kinder Bueno and muesli and chocolate bars that contain nuts.**

## **How your child can minimise the risk of possibly allergen exposure or contamination:**

Not to share food and/or treats with other students including not accepting food and treats from other students.

Wash their hands before and after eating/touching food.  
Advise an adult if they or a classmate feels tingling, numbness, strange sensation in the mouth, tongue or face.

Let their class mates know if they have allergies and what they are allergic too.

## **How parents can assist with lowering the risk of an allergic reaction:**

Keep the school updated with current information including health conditions and contact numbers.

Inform the school if your child requires any medication to be administered at school.  
Do not allow your children to bring nuts or nut products to school.  
Remind your children to not share food at school and wash hands before and after eating.  
Use alternative ingredients if cooking cakes or products for special occasions at school.  
Read labels careful and encourage your children to learn to read labels.



# School News

## WE WOULD ABSOLUTELY LOVE TO WIN THE \$10K GRILLEX COMPETITION

Help Arianh Park Central School increase our chances of winning this competition to transform the new covered area into an outdoor kitchen and learning space. Simply scan the QR Code or visit

<https://grillex.typeform.com/to/Amj0YQ>

and click “Start” to nominate Arianh Park Central School to win the competition.



Name of School: Arianh Park Central School

Suburb: Arianh Park

Q.3: Choose the answer which best fits your description.

Q.4: We have recently built a shaded area and with the help of Grillex, we would like to transform this space into an outdoor kitchen and learning space where our children can embrace the benefits of growing their own fruit and veggies and learning outdoors. With Grillex’s fantastic products like the Edge BBQs and sink and the Streetstyle Table Setting we will be able to create an inviting functional space where students can truly engage.

Q.5: Justin Dunn, Principal

Then enter your details and click Finish.

*Thank you for your support!*

# School News

**Name:** Charlie Heath

**Age:** 10

**Favourite activity:** AFL

**Favourite food:** Pizza

**Favourite holiday:** Kiama

**I like:** Playing football and cricket

**What do you want to be when you grow up?** A sheep truck driver and farmer.

**Someone I look up to/inspires me:** Joe Furphy



**Name:** Abigail Stevens

**Age:** 11

**Favourite activity:** Art

**Favourite food:** Hot Chips

**Favourite holiday:** Being with my family and friends

**I like:** Sport

**What do you want to be when you grow up?** A Zookeeper

**Someone I look up to/inspires me:** My sister Evelyn



## PBL Lesson

This week's lesson is "Applauding award recipients at assembly", this draws on our core value of Respect.

*PBL Team*

# School News

## Primary News

### **Year 6 Graduation**

The Year 6 Graduation will be held on Wednesday 11th December at the Town Hall, commencing at 6:30pm.

More details to follow.

*Mrs Anderson*

### **The Man from Snowy River**

Year 5/6 have finished their English unit on Banjo Patterson poems and will be watching the movie " the Man From Snowy River", this week. The movie is rated PG. If parents do not want their child watching this movie, please contact the office before Wednesday.

*Mrs Jenkins*

### **Primary Swimming program**

This year Kindergarten will not be taking part in swimming lessons , and depending on numbers of non-swimmers we may not take the Year 1 group. Students from Year 1-Year 6 will do a swimming test Wednesday Week 7 (27th November) and once we determine the number of non-swimmers we will let parents know the lesson timetable and who the student are that are participating.

*Mrs Jenkins*



# School News

## World Kindness Day - Wednesday 13th November

This Wednesday it is World Kindness Day. World Kindness Day was first launched in 1998 by The World Kindness Movement, an organisation formed at a 1997 Tokyo conference of like-minded kindness organisations from around the world. There are currently over 28 nations involved in The World Kindness Movement which is not affiliated with any religion or political movement. The mission of the World Kindness Movement and World Kindness Day is to create a kinder world by inspiring individuals and nations towards greater kindness.

To help celebrate this day, some of the students in **Year 5/6** have shared what they think about kindness:

"What kindness means to me is to say sorry and forgive." Johanna Speirs

" What kindness means to me is to never make anyone feel down and always say nice things to everyone even to some one you may not like." Jimmy O'Hare

"What kindness means to me is to forgive and forget. To always say sorry." Jenny Webb

" What kindness means to me is to be kind" Matthew Manning , Jacob Penfold and Isobel Herden

"Everyone should choose to be kind so everyone is happy and positive and so the world will be a better place to live." Elsie Furphy

"What kindness means to me is never letting anyone down, being positive and nice." Nyashia Lagu

"What kindness means to me is to be kind and have fun." Nashelle Rogers

" What kindness means to me is showing respect and treating others like you want to be treated." Jack Golder

# School News

"What kindness means to me is to never being mean and always being happy." Georgia McCormack

"We should show kindness because it is free and it could make someone's day." Sophie Dart

"What kindness means to me is to always be nice." William Fairman

What kindness means to me is to be nice and share." Riley Foster

"What kindness means to me is including everyone and not putting anyone down. It doesn't cost anything to be kind." Lucy Edis

"Choose to be kind so everyone is kind to every person." Chloe Eccles

"What kindness means to me is being nice to everyone and not being mean." Ella Watts

"Choose to be kind so you can be a great role model for younger students." Chloe Van Gerwan

"What kindness means to me is not being mean to others." Angus Pursehouse

"What kindness means to me is to be kind to everyone." Kacey Manning

## Sport News

### State Representatives

Congratulations to Cooper Herden and Joe Furphy who competed at the NSW PSSA State Athletics Championships last week. Cooper competed in the 100m and Joe in the 800m event. Both students ran well against some tough competition and should be very proud of their efforts.

*Mrs Tidd*



# School News

## Secondary News

### **Victor Chang Awards**

Last Friday, Jack McCormack, Stephanie Derrick, their families and Mr Dunn travelled to Wagga to attend the Victor Chang Awards. Both Jack and Stephanie have been working extremely hard in areas of Science and were recognised for their diligence and academic achievement. Being awarded the Victor Chang Award is a fantastic accomplishment. Both students and their families should be proud (see collage).

*Mrs Tidd*

### **Work Experience**

Just a friendly reminder that work experience placement will be taking place in Week 7. A number of students have already been placed and the paperwork is being processed. If you have any questions or concerns regarding your child's placement or paperwork, please don't hesitate to contact me.

*Mrs Tidd*

### **Secondary Excursion**

Last week, all students were issued with an updated itinerary and guide on what to bring for the excursion that will be taking place on Wednesday 4th December (Week 8). We have also finalised our accommodation and will be staying at the Atura Blacktown. Students are encouraged to pack their own recess and lunch for the first day only as we will be travelling for the majority of the day to Sydney and between activities. Please see the payment plan overleaf to see what payment you are up to. Students should have paid \$220 so far. Please contact the Front Office if you need to check how much you have remaining.

*Mrs Tidd*

# School News

## Secondary Excursion Payment Plan

Please contact the Front Office if have any questions or if you require a prolonged payment plan. Payments can be made by cash or cheque at the Front Office or made via “POP” (Parent Online Payment) by visiting our school website:

<https://ariahpark-c.schools.nsw.gov.au> and selecting the “Make a Payment” tab. Credit cards can be used to make POP payments.

*Mrs Tidd*

Due By	Details	Amount
Friday 27th September	Deposit	\$20
Friday 18th October	Instalment 1	\$50
Friday 25th October	Instalment 2	\$50
Friday 1st November	Instalment 3	\$50
Friday 8th November	Instalment 4	\$50
Friday 29th November	Final instalment or full payment due	\$80
	<b>Total:</b>	<b>\$300</b>

Any child that requires medication whilst on the Secondary Excursion must have a Medications Permission Form filled in and sent back to the Front Office **prior to going on the Secondary Excursion**. A medication schedule needs to be developed in order to ensure that each child receives their medication at the correct time. This includes any medication your child takes whether a prescription is required or not. All medication must be provided to Rebecca Tidd on the morning of the excursion. If we do not have the correct permission form completed by Friday 22<sup>th</sup> November 2019 your child will be unable to take the medication on the excursion. Please contact the Front Office if you require this form.



# School News

## **PASS**

PASS students enjoyed a round of Putt Putt as part of their Golf unit for the first four weeks of term. Congratulations to Blake Smith for winning the round and qualifying for the bi-annual in-house competition for players finishing under par. Student behaviour was outstanding, representing APCS to the upmost standard (see collage).

*Miss McRae*

## **Stage 4 Science**

To consolidate students' understanding of how sedimentary rocks form they made conglomerate rocks. Students learnt that the sediment and different sized pebbles get compacted together over time. The heavier sediment falls to the bottom and lighter sediment sits on the top. Older layers are found lower down in the Earth and younger layers are found closer to the surface (see collage).

*Mrs Tidd*

## **Stage 4 History**

Stage 4 History had a very special visit from Miss Horne and Willow on Friday. Willow must've felt like a rock star because the whole class was delighted by her every move. It's safe to say this was one History class Stage 4 will remember!

*Mrs Fairman*

## Victor Chang Awards





## Stage 4 Science



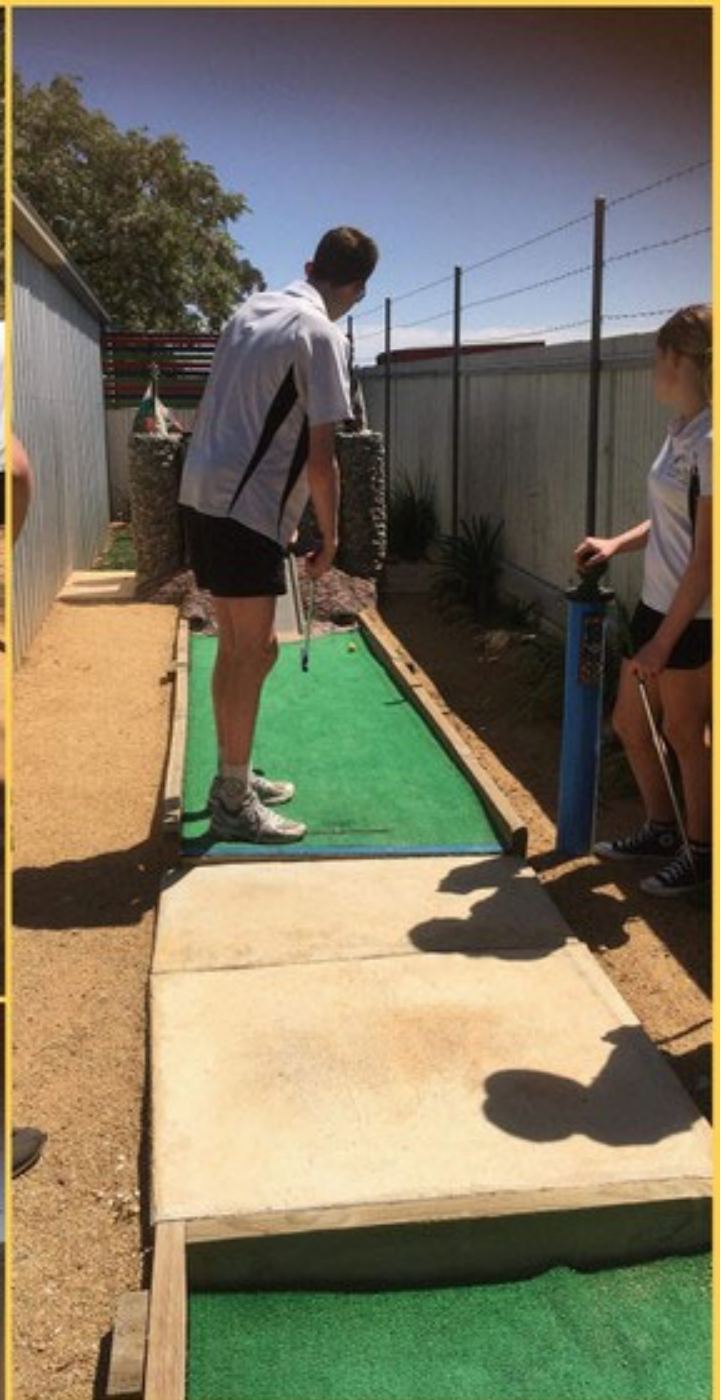


## Stage 4 History





# PASS



# Community News

## **ARIAH PARK COMMUNITY** **CHRISTMAS PARTY**

**Wednesday 18th December**

**From 6pm in Davey Park**

- **BBQ - steak sandwich & sausage sizzle**
- **Chocolate Wheel**
- **Swimming Pool Raffle to be drawn**
- **Jumping Castle**
- **Hay bale playpen for toddlers**
- **Main street will be closed so feel free for your children to bring bikes and scooters to ride**
  - **helmets MUST be worn**
  - **parents to supervise their children while riding**

**And a visit from Santa**

**Come along and catch up  
for Christmas...**



**- All Welcome -**

## **- CHRISTMAS COMPETITIONS -**

Have fun decorating your farm entrance, yard in town or a shop front window. With thanks to local businesses we are able to offer prizes for the winners in each category.

CATEGORIES for 2019:

- ➔ **Best Decorated Shop Front** - Prize valued at \$100
  - We are asking community groups/families or individuals to decorate a shop front in our main street for the Christmas period. *Entries close for this competition on Monday 3rd December.*
- ➔ **Best Decorated Farm Entrance** - Prize valued at \$100
- ➔ **Best Decorated Town Yard** - Prize valued at \$100

To enter any of these competitions please contact

**Kristen Davey on 0428 783 846 or**

**Alicia Leiper on 0400 438 088 for more details**





# Community News



## Ariah Park Swimming Club

PO Box 20, ARIAH PARK NSW 2665

Swim Club Newsletter – No.3

11th November 2019



To any new families who are thinking of joining our Swim Club, you can 'try before you buy'!

We offer a 3 week trial before you have to pay your registration - Why not give it a go!

Let us know if you are keen to find out more !!

### Information about swim club registrations for this season:

#### Fees for 2019/2020 season are:

- ✓ All families must have an adult registered. The adult can register as a non-swimmer.
- ✓ **NOTE:** Swimming NSW have raised their fees from \$67 - \$69 for a swimmer

Swimmer	
Swimming NSW fee	\$76.00
AP Swim Club fee	\$19.00
\$5 end of season coaches gifts	\$ 5.00
<b>TOTAL</b>	<b>\$100.00</b>

Non Swimmer	
Swimming NSW fee	\$24.00
AP Swim Club fee	\$ 1.00
<b>TOTAL</b>	<b>\$25.00</b>

If you haven't received a registration email from Amanda Donoghue please let her know

**OR** if you have received a registration email and are not participating this year, can you please let Amanda P know so she can take you out of the system for the season.

**All registrations will need to be paid by the 18th November.  
If you have ANY queries please contact Amanda D.**

# Community News



## Spaghetti Bolognese Takeaway

This week we will be having  
takeaway Spaghetti Bolognese  
available after race night.

\$7 per serve (BYO your own  
containers, or let Kristen know  
if you need one) GF options  
available.

Please text Kristen with your  
order by Tuesday on  
0428 783 846.

## A note from your Coach !!!

### What to bring to training.

Water Bottle  
Flippers  
Cap  
Goggles  
A can-do attitude

### What we need to see

Faces when we are talking  
Swimming to the end of the pool  
Tumble turns  
Swim on left hand side of the rope  
Consideration of others in the lane.

Congratulations to the following swimmers who were promoted last week:

- ✓ James Chalmers – 12m to 25m freestyle
- ✓ Grace O'Brien – 12m to 25m freestyle
- ✓ Lucy Collin-Drift – 25m to 50m freestyle
- ✓ Jacob Harper – 25m to 50m freestyle
- ✓ Poppi Frater - 12m to 25m backstroke
- ✓ Amelia Haddrill - 12m to 25m backstroke
- ✓ Hayden Walsh – 12m to 25m backstroke



# Community News



## Ariah Park Swimming Club

PO Box 20, ARIAH PARK NSW 2665

**Important diary dates:**

DATE	EVENT
Monday 11 <sup>th</sup> & Tuesday 12 <sup>th</sup> November	Training
Thursday 14 <sup>th</sup> November	Club race night – week 2
Saturday 7 <sup>th</sup> December	Local Club carnival

### Annual Carnival

We have our annual swim carnival coming up on December 7<sup>th</sup>. We are still looking for volunteers for some jobs. The list will be at training and race night this week. This is a major fundraiser for the Swim club, so any help is appreciated.

❖ This week's race program for Thursday night 15<sup>th</sup> November is:

Week 2	
Event No.	Stroke
1.	100m Medley
2.	200m Medley
3.	12m Freestyle
4.	25m Freestyle
5.	50m Freestyle
6.	100m Freestyle
7.	12m Breaststroke
8.	25m Breaststroke
9.	50m Breaststroke
10.	100m Breaststroke
11.	12m Freestyle
12.	25m Freestyle
13.	Relays mixed age teams

### Entry Cards for Thursday Club Nights:

- Don't forget to submit your entry cards for race nights by Wednesday 6pm. You can email the entry card or Text them to Debbie.

Debbie's email account

[jwo11316@bigpond.net.au](mailto:jwo11316@bigpond.net.au)

Debbie's phone Number [0428741194](tel:0428741194)

- All families that are new to swim club need to let Debbie know if you will be doing Thursday night club night so you are

in the new computer system.

- If you have not texted or emailed the race nights entries – you will not be able to race.

# Community News

BASE BOXING & FITNESS EVENT

## ALL ABOUT KIDS SEMINAR

TUESDAY 12TH NOVEMBER 2019  
6 PM - 8.30 PM

**BOOK YOUR TICKET THROUGH  
THE MINDBODY APP**



<https://clients.mindbodyonline.com/classic/ws?>

# Community News

## Aqua Exercise at Ariaiah Park Pool

Monday 6.15pm. Cost: \$10 (plus pool entry)

Classes will commence Monday 18th Nov

All welcome

Contact Lucy Prentice 0409544080 for further details.



*Wreath making workshop  
with  
Windeyer micro flower farm*



Event date: 1st Dec 2019

Cost: \$90

Venue : Anglican Church Hall, Ariaiah Park

Time: 2pm

\* Bookings essential, numbers are capped, to reserve your spot up front payment is required.

Refunds will only be returned with 48 hrs notice of cancellation

Bookings and questions to 0428323961



*Come join Tracey and create something beautiful from flowers + foliage grown locally. You will be guided while your creative juice's flow making a seasonal wreath for your home*

*-----  
\*Price includes all materials for you to use, snips, afternoon tea and the wreath you have created to take home.*

# Calendar

	Nov 11	Nov 12	Nov 13	Nov 14	Nov 15
	Remembrance Day Service	Preschool Transition Visit 11am—12pm  Electives Day  School Counsellor Visit  P&C Meeting 8pm			Whole School Assembly 9.53am
<b>Week 5B</b>					
	Nov 18	Nov 19	Nov 20	Nov 21	Nov 22
		Preschool Transition Visit 11am—12pm	SRC Meeting		RAP Graduation
<b>Week 6A</b>					

## ARIAH PARK CENTRAL SCHOOL

1 Harrison Street Arian Park NSW 2665

PO Box 56 Arian Park NSW 2665

Principal's Email: [justin.dunn@det.nsw.edu.au](mailto:justin.dunn@det.nsw.edu.au)

Website: <https://ariahpark-c.schools.nsw.gov.au>

Principal: Justin Dunn

Mobile: 0428 771 105 (Justin)

Phone: 02 6974 1105

Mobile: 0488 741 329 (School)

Fax: 02 6974 1017